

PROFESSIONAL

Lamb Kofte Mini Pitta Wraps RECIPE

Lamb Kofte Mini Pitta Wraps



<?xml version="1.0"?>
TIME
15 minutes
INGREDIENTS
15 items

MAKES

12 servings

This is a great, versatile recipe working well as small share plates or as a main. It can easily be adapted and works well with the bold aioli.

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INGREDIENTS

- 500g mini lamb koftes
- 1 tbsp. olive oil
- 12 mini pittas
- ¼ cup MasterFoods™ Professional Roasted Garlic Aioli
- 1 tbsp. cumin seeds, lightly toasted
- 1 carrot, peeled into ribbons
- 1 medium cucumber, peeled into ribbons
- · Handful of fresh coriander, for garnish
- 3 limes, cut into wedges

For The Pickle:

- 250 ml hot water
- ½ tsp. sugar
- 1 tsp. salt
- Juice of 1 lime
- 1 red onion, thinly sliced
- Salt and pepper, to taste

PRODUCTS USED



MasterFoods Professional Gluten Free Roast Garlic Aioli 2.2kg

SEE DETAILS

Cooking Instructions:

1. 1

Heat large frying pan and heat oil over medium heat. Cook koftes for 10 to 15 minutes until golden brown and cooked through.

2. 2

Gently heat pitta breads until warmed through. For assembling each pitta, spoon a teaspoon of aioli as a base then add a kofte, a few ribbons of cucumber and carrot, some pickled red onion pieces, a sprinkle of cumin seeds, and garnish with coriander and a squeeze of lime.

Tips:

1. 1

Replace kofte with sweet potato falafels for a vegetarian option.

2. 2

Add MasterFoods™ Professional Paprika and ground cumin to the aioli to make a boldly flavoured Middle Eastern style dip.

3. 3

Aioli is also great glue for helping herbs and crumbs coat cooked meats and roasted vegetables.

More Recipes Like This



Choc-Berry Bircher Muesli

Cooking time

10 min

Ingredients

11 items

SEE DETAILS



Shredded Barbecue Chicken Pancakes

Cooking time

60 MINS

Ingredients

8 items

SEE DETAILS



Gua Bao Buns

Cooking time

10 min

Ingredients

11 items

SEE DETAILS



New York Inspired Tagliatelle Pasta

Cooking time

15 minutes

Ingredients

9 items

SEE DETAILS

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